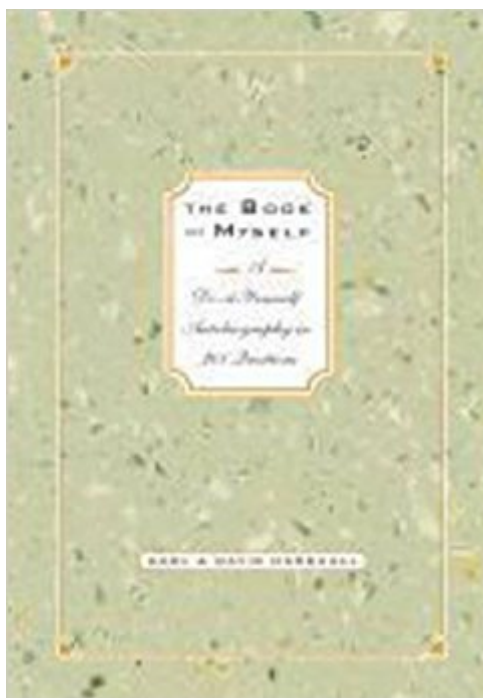


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# The Book Of Myself A Do-It-Yourself Autobiography In 201 Questions



## Synopsis

A keepsake fill-in book contains more than two hundred prompts divided into three life phases--Early, Middle, and Later Years--and separates each phase into five subject categories--Family, Friends, Education, Work/Responsibilities, and The World. --This text refers to an out of print or unavailable edition of this title.

## Book Information

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## Customer Reviews

Strong is the urge to write one's life story as a keepsake for oneself and one's family. The difficulty is knowing where to start, and then where to go from there. Carl and David Marshall, a grandfather-grandson team, have created a fine and fun do-it-yourself autobiography. The cover of the journal-sized Book of Myself is intended to resemble handmade paper; the inside pages have the yellowed hue of a keepsake found in a musty attic trunk. The book is not especially pretty. But the questions--one per page, divided into early, middle, and late years, and then again into sections concerning family, friends, education, work and responsibilities, and the world--are good enough that it hardly matters. Among the 201 jumping-off points included here are questions concerning childhood toys, crushes, and forbidden exploits; adult embarrassments, betrayals, and achievements; and how one's views change over the years. --Jane Steinberg --This text refers to an out of print or unavailable edition of this title.

David P. Marshall co-wrote The Book of Myself: A Do-it-Yourself Autobiography in 221 Questions with his grandfather, Carl Marshall. He is also the co-author, with his wife Kate, of: What I Love

About You; The Book of Us: A Journal of Your Love Story in 150 Questions; Picture of Me: Who I Am in 221 Questions; What I Love About You, Mom; and My Life Map: A Journal to Help You Shape Your Future. He lives with his family in northern California. Carl E. Marshall spent a year writing a memoir about his early, middle and later years. He shared it with his family, which treasured his stories so much that he then worked with his grandson, David Marshall, to create a guided journal for others to write about their life as well. This became The Book of Myself: A Do-it-Yourself Autobiography in 221 Questions. Carl was a professor of Mathematics at Oklahoma State University and was known by his colleagues as "Mr. Statistics of Oklahoma."

My grandmother-in-law was really excited to receive this for Christmas! It was full of thoughtful questions about her life. I wish I'd had something like this from my grandparents and parents (who've all passed away) so I could learn more about their lives and thoughts and personal history. We gave her all year to fill it out and asked for it back for our 2017 Christmas gift. She said she was very excited to get started on it.

I bought this for my bonus dad who has begun to have memory problems since he is now elderly. I was afraid it might not be well received. But, he loved it! He paged through the very interesting writing prompts and immediately started telling us a few of the wonderful stories he'd like to put in it! He was so happy that I cared about preserving and passing on his tales of adventure that he actually cried! If you're trying to figure out which if this type of book to purchase, this is the one! I spent hours looking at all the others, they just didn't seem quite right. I'm so glad I decided on this one! I will probably buy 3 more. One for each of my parents, and one for myself. The prompts are suitable for anyone.

This book has lots of good questions, with plenty of space for me to write my answers. Easy pages on which to write too. Right now I'm jumping around to answer questions that spark memories right away. Other questions will take more thought. I don't have children, but I think my nieces or nephews will get to learn something about me they didn't know before, if they are interested. But even if they are not, I found it almost therapeutic to mentally relive some moments of my life and to jot them down. When you put it all down it's kind of amazing to see the full, interesting life I hadn't realized I've lived.

I bought this book for my Dad who is 89 yrs old. He recently suffered a stroke, and is homebound. I

thought this might be a stimulating pastime for a man of his age, but the print is very light, and hard to see. The print is also small, and difficult for him to see. My siblings and I as well as my Dad love the idea of the book, but I don't know how successful we will be with it.

really wasn't what I hoped for I wanted it to give more history, than nonsense stuff that I really don't care to have my mom answer, I guess I should have read more about this book

I got this book for my elderly mother as a gift. She is hard to buy for as she doesn't need anything. She is enjoying filling it out and reminiscing about her younger days. It has brought back memories of things she hasn't thought of in years. The book will be a wonderful keepsake for generations. It would be nice if there was more room for longer memories; a little more space for writing things in it would be better. However, my mother has been raving about how much she loves this book so I would get it again.

Love the whole idea of this book! It has great guided questions that when complete tell the story of your life. Easy way to document your life.

Bought for my parents. They love it.

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